

Nina Nguyen, Ph.D.

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INFORMED CONSENT FOR TELEPSYCHOLOGICAL SERVICES

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions, and the psychologist will explain how to use it.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychological sessions.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

ACKNOWLEDGING SIGNATURES

I have read and understand the Informed Consent for Telepsychological Treatment and agree to comply with them.

Patient's Name (print)

Signature

Date

Patient's Name (print)

Signature

Date

Nina Nguyen, Ph.D.

Clinical Psychologist

Signature

Date